



## Guidelines for Management of HIV+ Pregnant Women Birthing in Washington State Hospitals:

# Prenatal Checklist

Spring 2004

### Obstetric Care Provider

1. ☐ Identifies HIV+ pregnant woman.
2. ☐ Offers/refers to HIV Case Management by contacting Northwest Family Center Statewide Services at: 206-731-3066 or 1-800-462-4965. Northwest Family Center will locate case manager in client's area.
3. ☐ For specific treatment guidelines for mother and infant, refers to "Screening and Management of Maternal HIV Infection: Implications for Mother and Infant" (download or order copies at <http://www.doh.wa.gov/cfh/mch/MCHPublications.htm>) or refer to "USPH Perinatal Guidelines" ([www.aidsinfo.nih.gov](http://www.aidsinfo.nih.gov)).
4. ☐ Considers obtaining consultation for mother and baby from HIV OB Specialist, Dr. Jane Hitti, or the perinatologist on call at University of Washington Medical Center (UWMC) by calling 1-800-326-5300.
5. ☐ Discusses management of pregnancy and birth options with client.
6. ☐ Offers client a referral to HIV OB Specialist at Northwest Family Center, and if interested, helps client make appointment with patient care coordinator: 206-731-5100 or 1-800-462-4965.
7. ☐ Determines client's preferred delivery location:
  - ☐ Plans to deliver at UWMC and lives in Seattle area - **no need to use checklist below.**
  - ☐ Plans to deliver at UWMC and is living outside of Seattle area. Choose back-up hospital and use checklist below.
  - ☐ Plans on delivering at hospital other than UWMC; use checklist below.

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### If Delivering at Hospital Other Than UWMC, or Will Use Other Hospital as Back-Up Location, OB Care Provider

1. ☐ Notifies client that members of the healthcare team at the delivery hospital and UWMC will be aware of client's HIV+ status in order to prepare for the client's and newborn's special health care needs.
2. ☐ Ensures that the designated community contact (provider's nurse, medical assistant, HIV coordinator or RWT4 case manager) coordinates with hospital contact (nursing supervisor, nurse manager, health educator, or social worker) to prepare for client's and newborn's health care needs.

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